



## LWP Executive Jumpstart Conference Itinerary

Saturday, July 22<sup>nd</sup>

9:30 a.m. – 7:30 p.m.

Main Activity Hall, Multifaith  
Centre 569 Spadina Crescent

9:30 - 10:00	Registration and Breakfast
10:00 - 10:25	Introduction
10:25 - 11:55	Strengthsquest Workshop
11:55 - 12:40	Lunch
12:40 - 2:10	Practicing Solidarity Workshop
2:10 - 2:20	Break
2:20 - 3:50	Communication and Conflict Workshop
3:50 - 4:00	Break
4:00 - 5:00	Self-Care Workshop
5:00 - 6:00	Club Collaborations Workshop
6:00 - 6:15	Closing
6:15 - 7:30	Social